

- 69. Rainbow Maki 彩虹卷 £8.80
Cucumber, Avocado, Salmon, Tuna, Sea bass
- 70. Kirin Maki 麒麟卷 £8.80
Tempura Prawn, Cucumber, Salmon
- 71. Tiger Maki 虎卷 £8.80
Tempura Prawn, Cucumber, Sea bass
- 72. Dragon Maki 龙卷 £9.80
Tempura Prawn, Cucumber, Avocado
- 73. Dark dragon 黑龙卷 £10.80
Cucumber, Avocado and Eel
- 74. Spider Maki 软壳蟹卷 £10.80
Soft Shell Crab, Avocado
- 75. Teriyaki Maki 照烧鸡排卷 £9.20
Teriyaki Chicken, Avocado
- 75A. Crispy Duck Maki 烧鸭卷 £9.80
Crispy Duck, Cucumber
- 75B. Nara King Prawn Maki 奈良招牌虾卷 £9.80

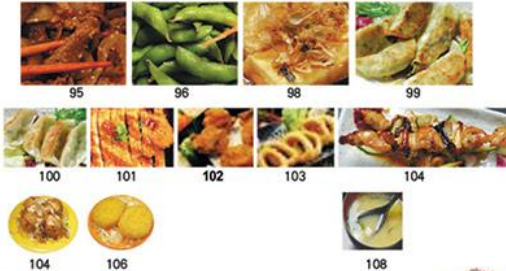


Tempura (classic Japanese deep-fried seafood and vegs. batter made of ice-cold water, flour and egg yolk)

- 89. King Prawn Tempura 天妇罗虾 £5.20
- 90. Chicken Tempura 天妇罗鸡 £4.50
- 91. Yari Ika Tempura (Squid) 天妇罗鱿鱼 £4.60
- 92. Vegetable Tempura (v) 天妇罗蔬菜 £4.00
- 93. Soft shell crab Tempura 天妇罗软壳蟹 £6.20
- 94. Tempura Mix 天妇罗混合 £8.80
King Prawn, Squid and Vegetable

Other Choices

- 95. Yaki Niku (beef/chicken) 日式牛肉/鸡肉 £5.40
Stir Fried Beef/Chicken with Garlic Soya
- 96. Edamame/Spicy Edamame (v) 毛豆/辣毛豆 £2.90/£3.20
Green Vegetable soybeans
- 97. Duck Gyoza 鸭饺 £5.90
Japanese style Duck and Vegetable Dumplings
- 98. Age Dashi Tofu (v) 炸豆腐 £4.20
Deep Fried Tofu in a Dashi Sauce
- 99. Vegetable Gyoza (v) 菜饺 £4.80
Japanese style vegetable dumplings
- 100. Chicken Gyoza 鸡肉饺 £5.20
Japanese style chicken and vegetable dumplings
- 101. Chicken Katsu 炸鸡排 £5.60
Crispy fresh Chicken in Japanese breadcrumbs, with a fruity sauce
- 102. Tori Karrage 炸鸡粒 £6.20
Deep Fried Japanese Style Chicken Pop-Corn
- 103. Ika Ring Age 鱿鱼圈 £4.80
Crispy Fried Squid Ring in Japanese breadcrumbs, with a fruity sauce
- 104. Yaki Tori 鸡串 £5.20
Grilled fresh chicken skewered in Teriyaki sauce
- 105. Takoyaki 章鱼丸子 £4.50
Deep Fried Octopus Ball
- 106. Deep Fried Pumpkin 南瓜饼 £3.80
- 107. Prawn Katsu 炸大虾 £4.80
- 108. Miso Soup (v) 味噌汤 £2.00
A light dashi soup flavored with miso paste. Served with bean curd, seaweed and spring onion



Salad

- 109. China Salad (v) 中华沙拉 £4.20
- 110. Seaweed Salad (v) 海藻沙拉 £4.00
- 111. Seafood Salad 海鲜沙拉 £5.80

Temaki Sushi (Hand Roll)

- 76. Salmon/Tuna Temaki 三文/吞拿手卷 £3.30
- 77. Spice Salmon/Tuna Temaki 辣三文/吞拿手卷 £3.40
- 78. California Temaki 加州手卷 £3.50
- 79. Tempura Prawn Temaki 天虾手卷 £3.50
- 80. Prawn Temaki 大虾手卷 £3.30
- 81. Duck Temaki 鸭手卷 £3.60
- 82. Unagi Temaki 鳗鱼手卷 £3.80
- 83. Soft shell crab Temaki 软壳蟹手卷 £3.80
- 84. Caviar (Crab Roe) Temaki 蟹籽手卷 £2.90
- 85. Vegetable Temaki (v) 蔬菜手卷 £2.90



Side Dishes

Teriyaki (Grilled Eel or Sliced Chicken or premium Scottish salmon in Teriyaki sauce)

- 86. Unagi (eel) Kabayaki 照烧鳗鱼 £8.80
- 87. Chicken Teriyaki 照烧鸡排 £6.80
- 88. Salmon Teriyaki 照烧三文鱼 £6.20



Deserts

- 112. Dorayaki (v) 铜锣烧 £2.90
Japanese Pancake with Chocolate sauce filling



Sushi Set

- Set1. Tuna / Salmon Set £10.80
- Set2. Nigiri Set (10 Pcs) £10.80
- Set3. Maki Set £9.80
- Set4. Nigiri & Maki Set £9.80
- Set5. Family Set (29 Pcs) £29.80

- 3 Pcs Tuna Nigiri
- 3 Pcs Salmon Nigiri
- 3 Pcs Seabass Nigiri
- 3 Pcs Prawn Nigiri
- 3 Pcs Sweet Shrimp Nigiri
- 6 Pcs Salmon Avocado California Maki
- 4 Pcs Nara Maki
- 4 Pcs California Maki



Hot-Pot & Sushi Buffet 火锅寿司自助

Only £17.80 *Eat-in Only

- Sukiyaki Soup Base (日式汤底)
- Miso Fish Bone Base (鱼骨汤底)
- Nara Spicy Soup Base (奈良独家麻辣汤底)
- Nara Fish Fillet with Pickled Cabbage (奈良独家酸菜鱼火锅)
- Nara Special Fish Fillet in Hot Chill Oil (奈良独家水煮鱼火锅)

奈良

N A R A

NARA JAPANESE CUISINE (NOODLE & SUSHI)



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Sorry we DO NOT accept cheques!

Opening Hours:

MONDAY to SATURDAY = 12:00 TO 14:30
17:30 TO 23:00
SUNDAY = 12:30 TO 14:30
17:30 TO 22:00

Closed on Tuesday Lunch Time

TEL: 02381781881

82D Bedford Place
Southampton SO15 2BX

www.narasushi.co.uk

Teishoku (Served with Rice, Miso soup and pickles)

01. Nara Teishoku

奈良招牌盒饭 £15.80
Fresh Premium Tuna, Salmon and Sweet Shrimp Sashimi, Tempura Veggies, Nara Maki, Salmon Avocado California Maki, Kappa Maki and Spicy Salmon Temaki, Chicken Teriyaki, Small Unagi Don



02. Sashimi Teishoku

刺身盒饭 £13.80
Slices of Fresh Premium Tuna, Salmon, Sea Bass, Sweet Shrimp, Surf Clam and Octopus, Thin Maki (4pcs), Chicken Gyoza, Spring Rolls



03. Sushi Teishoku

寿司盒饭 £13.50
Nara Maki, California Maki, Futo Maki, Salmon Avocado California Maki, Thin Maki (6pcs), Tuna, Salmon, Suzuki Nigiri and Spicy Salmon Temaki



04. Tempura Teishoku

天妇罗盒饭 £13.20
Deep Fried Fresh King Prawn and Vegetable in Light Batter, Thin Maki, Chicken Gyoza, Spring Roll



05. Salmon/Chicken Teriyaki Teishoku

照烧三文/鸡排盒饭 £13.20
Grilled Fresh Salmon/Chicken in a Teriyaki Sauce, Thin Maki, Chicken Gyoza, Spring Roll



06. Chicken Katsu Teishoku

炸鸡排盒饭 £13.20
Crispy Japanese Breaded Chicken Cutlet, Thin Maki, Chicken Gyoza, Spring Rolls



07. Chicken Karaage Teishoku

炸鸡粒盒饭 £13.20
Crispy Japanese Breaded Chicken Cutlet, Thin Maki, Chicken Gyoza, Spring Rolls



08. Veggie Teishoku(v)

蔬菜盒饭 £12.30
Deep Fried Fresh Vegetable in Light Batter, Vegetable Gyoza, Spring Rolls and Veggie Thin Maki



Gohan (Japanese Rice Dish, Served with Miso Soup)

09. Tempura Prawn Don

天妇罗虾饭 £7.50
Tempura Prawn and Vegetable with Tempura Sauce



10. Tempura Vegetable Don (v)

天妇罗蔬菜饭 £6.20
Tempura Vegetable with Tempura Sauce



11. Chicken Katsu Don

炸鸡排蛋饭 £7.20
Crispy Fried Fresh Chicken in Japanese Breadcrumbs, Egg, Spring Onion, Onion, Green Paper and Carrot



12. Ebi Yanakawa Don

虾蛋饭 £7.20
Shrimp, Egg, Spring Onion, Onion, Green Paper and Carrot



13. Unagi Yanakawa Don

鳗鱼蒲饭 £10.50
Eel, Egg, spring onion, Onion, Green Paper and Carrot



14. Unagi Don

鳗鱼饭 £10.50
Grilled Eel with "Unagi" Sauce



15. Salmon/Chicken Teriyaki Don

照三文/鸡排饭 £7.50
Grilled Fresh Salmon/Chicken Cooked in Teriyaki Sauce



16. Tempura Prawn Curry

天妇罗虾咖喱饭 £7.50
Tempura King Prawn, Potato, Carrot and Onion



17. Chicken Katsu Japanese Curry

鸡排咖喱饭 £7.20
Crispy Fried Fresh Chicken in Japanese Breadcrumbs, Potato,



18. Tempura Vegetable Japanese Curry (v)

天妇罗蔬菜咖喱饭 £6.50
Tempura Vegetable, Potato, Carrot and Onion



19. Tofu Japanese Curry (v)

豆腐咖喱饭 £7.00
Deep Fried Tofu, Potato, Carrot and Onion



Donburi (Sashimi Base on Sushi Rice, Served with Miso Soup)

20. Chirashi Don

刺身饭 £9.90
Salmon Roe, Tuna, Salmon, Sea bass, Octopus, Squid, King Prawn, Crab Stick and Sushi Egg.



21. Tekka (Tuna) Don

吞拿鱼饭 £8.80



22. Salmon Don

三文鱼饭 £7.50



Yaki Soba

(Japanese Style Wok Fried Noodles)

23. King Prawn Yaki Soba

大虾炒面 £7.00

24. Chicken Yaki Soba

鸡粒炒面 £6.80

25. Beef Yaki Soba

牛肉炒面 £7.20

26. Vegetable Yaki Soba (v)

蔬菜炒面 £6.80

27. Salmon/Chicken Teriyaki Yaki Soba

照三文/鸡排炒面 £8.50

28. Chicken Katau Yaki Soba

炸鸡排炒面 £8.50

Nigiri Sushi (Hand-formed sushi, 2 pcs each)

29. Salmon Nigiri

三文鱼寿司 £2.80



30. Tuna Nigiri

吞拿寿司 £3.20



31. Ika(Squid) Nigiri

魷鱼寿司 £2.80



32. EBI (Prawn) Nigiri

大虾寿司 £3.00

Sashimi (Raw, thin sliced foods, served with dipping

sauce and simple garnishes)

44. Tuna Sashimi

吞拿刺身 £7.50

45. Salmon Sashimi

三文刺身 £7.00

46. Ika (Squid) Sashimi

魷鱼刺身 £7.00

47. Tako (Octopus) Sashimi

章鱼刺身 £7.00

48. Hokkigai (Surf Clam) Sashimi

北极贝刺身 £7.50

49. Suzuki (SeaBass) Sashimi

鲷鱼刺身 £7.00

50. Amebi (Sweet Shrimp) Sashimi

甜虾刺身 £7.50

51. Hotategai (Scallop) Sashimi

扇贝刺身 £7.50

52. Tuna & Salmon Sashimi

三文吞拿拼 £7.50

53. Sashimi Three Selections

三色刺身拼 £9.80

3 pcs fresh premium tuna and salmon, 5 pcs of local sea bass

54. Sashimi Five Selections

五色刺身拼 £14.80

3 pcs fresh premium tuna, salmon, surf clam and octopus, 4 pcs local sea bass

55. Sashimi Seven Selections

七色刺身拼 £18.80

3 pcs fresh premium tuna, salmon, surf clam, octopus, squid and scallop, 4 pcs local sea bass

Maki ("Roll sushi", rice and seafood or other ingredients rolled in a sheet of seaweed)

Thin Maki (6 pcs)

56. Tuna/Salmon Maki

吞拿/三文卷 £3.40

57. Spicy Salmon/Tuna Maki

辣三文/吞拿卷 £3.50



58. Maki Selection

Choice from Cucumber, Ginger, Avocado, Pickles, Yellow Pickles, Tamago (Egg) or Kani (Crab Stick)

推荐卷 £3.00



California Maki (6 pcs)

59. Salmon Avocado California Maki

三文牛油果加州卷 £5.20

60. Vegetable California Maki (v)

Cucumber, Avocado, Yellow Pickle, Bean Curd Skin

蔬菜加州卷 £4.80

61. Prawn Avocado California Maki

虾加州卷 £5.20

62. Salmon Skin California Maki

三文鱼皮加州卷 £5.20

63. Unagi California Maki

Eel, Cucumber

鳗鱼加州卷 £6.20

64. Duck California Maki

鸭加州卷 £6.20



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